

Be Involved

I would like more information!

- Volunteering
- Counseling
- Community Education
- Resource Center Activities
- Fundraising

Name

Email

Phone

Support SMYRC

Your tax deductible donation is always appreciated.

Method of Payment

- Check (Made Payable to SMYRC)

Please charge my / our credit card:

- Visa
- MasterCard

- One Time
- Monthly

Credit Card #

Exp. date

Signature



3024 ne martin luther king jr. blvd.

phone: 503. 872.9664
 cell: 503. 969.2266
 fax: 503. 231.3051
 email: info@smyrc.org
 www.smyrc.org

SMYRC supports, prioritizes and celebrates sexual and gender minority youth, their families and communities.

www.smyrc.org



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the sexual & gender minority
youth resource center



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Tuesday	Wednesday	Thursday	Friday	Saturday
4pm Sherwood Pride Project	4-9 Drop-in 4pm Hillsboro Pride Project 6pm Steering Committee	4pm Beaverton Pride Project	4-9pm Drop-in	4-9pm Drop-in

SMYRC is the only LGBTQ youth center in all of Oregon

Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQQ) youth 23 and younger have found a safe and affirming environment at SMYRC since 1998.

Young Oregonians and their families need SMYRC

- Suicide is the leading cause of death among sexual and gender minority adolescents.
- LGBTQ youth are twice as likely as their peers to use and abuse substances.
- At least 40% of homeless and runaway youth in Oregon are LGBTQ.



Each year, more than a thousand LGBTQ youth access SMYRC's resource center, individual and family counseling, leadership development workshops and social support groups.



SMYRC educates the community about the experiences of transgender, lesbian, gay, bisexual and questioning youth.

SMYRC creates opportunities for meaningful youth leadership.

SMYRC shares knowledge and skills while building bridges between communities.

SMYRC motivates people to take action as allies to all oppressed people and communities.

SMYRC actively supports LGBTQ youth vision, strength, power and dreams.

SMYRC celebrates LGBTQ youth.



SMYRC saves lives.

SMYRC Programs

The Resource Center

The Resource Center a safe, fun, empowering space for all LGBTQ youth 23 and younger. The space is designed and governed by the youth steering committee, and we offer a wide variety of drop in activities ranging from art and yoga, to skill building and leadership development. Youth have access to support groups, a full kitchen and library, computers, a pool table, and a fully equipped theatre stage.

Counseling

The Umbrella Community Counseling Project is committed to furthering social justice by providing quality and affordable mental health services within Portland Metro LGBTQ communities. Umbrella strives to empower LGBTQ individuals to take action toward building and sustaining health, wholeness, and well-being. Umbrella provides affordable, sliding-scale counseling to LGBTQ people of all ages, and **FREE** counseling to LGBTQ youth 23 and younger.

Washington Co. Pride Project is for LGBTQ youth in Washington County ages 14 through 21, providing information, referral and advocacy services. Groups meet in Hillsboro, Sherwood and Beaverton and provide support, education, and social events.

The Community Education Project / Bridge 13



is a trained and dedicated group of youth and adults who lead fun and educational workshops on the issues faced by lesbian, gay, bisexual, transgender, queer or questioning communities. Suitable for many audiences, its real strength is in training counselors, educators and social service agencies.

